

Will Bowen

Biography

Will Bowen is the visionary behind the **Complaint Free® movement**, inspiring millions to transform complaining into empowerment. Over **15 million people across the globe** have embraced his **21-Day Complaint Free Challenge**, transforming mindsets, workplaces, and relationships.

Will's message has earned him features on **The Oprah Winfrey Show**, **NBC's Today**, *People*, *Forbes*, *Newsweek*, *The Wall Street Journal*, *Chicken Soup for the Soul*—and beyond.

He holds the prestigious **CSP (Certified Speaking Professional)** designation and is a sought-after keynote speaker and trainer for organizations worldwide. His past clients include household names like **Volvo**, **Kimberly-Clark**, and **The Million Dollar Roundtable**.

Will is also a prolific writer: all **five of his books** have become **international bestsellers**, translated into dozens of languages and read by millions.

His talks are equal parts inspiring, humorous, and transformational—designed to help leaders and teams reduce negativity, boost productivity, and cultivate a culture of what's possible. To learn more or bring Will to your organization, visit **WillBowen.com**.